

Disaster Preparedness Tips

Be Prepared for an Emergency/Disaster:

1. Register for the Special Needs Registry before a disaster strikes. The Special Needs Registry allows emergency responders to know your location and situation before a disaster happens. If a disaster strikes, they will be able to check on you and ensure you have the resources you need, or get you to safety. To register, **dial 2-1-1**.
2. Create a Home Preparedness Kits. Remember to include water, non-perishable food, flashlights and batteries, a weather radio, first aid kit and contact information for family members. *For more information and ideas on what to include in your preparedness kits, visit www.ready.gov.*
3. Have a list of medications and what times you need to take each medication.
4. Talk to neighbors and friends and create a “check-in” plan to check on with each other if a disaster strikes. Also, discuss what to do if you are not able to make contact with each other.
5. Have an evacuation plan. Where will you go? What will you need to take? How will you get there?
6. Protect important documents. Compile documents such as insurance information, legal documents, and identification forms in one place and put them in a water proof container (zip lock bags can do the trick).

Should You Need to Evacuate:

1. Have a plan of where you will go. Do you have family or friends you can stay with? Will you go to a shelter?
2. Communicate your plan to someone else. Always let someone know where you are going so they do not worry.
3. Take enough supplies for five to seven days. Remember clothes, medication, personal hygiene items, medical equipment/items, eyeglasses, cell phone and cell phone charger, important documents.
4. Don't forget your pets. Be sure to pack items such as: leash, food, food and water bowls, kennel, and medications.